

Volunteering and Social Cohesion Theory of Change



Find out more about all the different factors that will be influencing the place where your volunteering is located. Start identifying strengths, needs and opportunities through an interactive exercise.

Understanding **Social Capital**

Social capital is an important element in strengthening social cohesion. This unit will help you reflect on the ways that volunteering can connect to people and how you can enhance these connections.

5 Action planning – setting short term, medium term and annual goals

Based on what you have discovered by working through the previous units, this unit will help you in setting some goals to improve social cohesion and to identify the steps you need to take to achieve those goals.



